

First aid in case of spasm (epileptic) attack:

- Don't try to keep the person from falling, try to mitigate it, remove harmful objects from nearby
- Loosen clothing around the neck and cushion the head - protect against injury
- Don't restrain the person during the seizure, don't overlie
- Don't try to open the mouth, don't put anything between teeth
- Wait until the seizure is over – it usually doesn't last more than five minutes
- After the seizure remove everything from below the head, bend the head backward and check the breathing
- In case of an injury or lasting unconsciousness, call emergency services
- Attention, seizures may not always be the result of epilepsy, they may be caused by other diseases (call the doctor) and can be also caused by combustion products (garage, kitchen, bathroom – open the window)



SPOLEČNOST „E“

Czech Epilepsy Association, o. s.

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Patient's personal data (card owner)

Surname: _____

Firstname: _____

Date of birth: _____

Address of residence: _____

In case of need,
report to the close
person, call: _____

Attending physician, call: _____

Data for the doctor (rescuers)

Diagnosis: _____

Medicines / Dosage: _____

Allergy: _____

Blood group: _____