

## First aid in case of spasm (epileptic) attack:

- Don't try to keep the person from falling, try to mitigate it, remove harmful objects from nearby
- Loosen clothing around the neck and cushion the head - protect against injury
- Don't restrain the person during the seizure, don't overlie
- Don't try to open the mouth, don't put anything between teeth
- Wait until the seizure is over – it usually doesn't last more than five minutes
- After the seizure remove everything from below the head, bend the head backward and check the breathing
- In case of an injury or lasting unconsciousness, call emergency services
- Attention, seizures may not always be the result of epilepsy, they may be caused by other diseases (call the doctor) and can be also caused by combustion products (garage, kitchen, bathroom – open the window)



**SPOLEČNOST „E“**  
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## Patient's personal data (card owner)

Surname: \_\_\_\_\_

Firstname: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Address of residence: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

In case of need,  
report to the close  
person, call: \_\_\_\_\_

Attending physician, call: \_\_\_\_\_

## Data for the doctor (rescuers)

Diagnosis: \_\_\_\_\_

Medicines / Dosage: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Allergy: \_\_\_\_\_

Blood group: \_\_\_\_\_